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BOMBER CR

TUNING GUIDE

SAG SETTING

To achieve the best performance from your FOX suspension, you will need to attain your proper sag setting. Sag is the amount your suspension compresses under your weight and riding gear. Sag should be set to 30% **of total shock travel**.

Consult your bicycle manufacturer's instructions for recommendations about setting sag.

Watch the sag setup video at **ridefox.com/sagsetup**

MEASURE AND ADJUST SAG

1. Measure the eye-to-eye distance on your bike's shock mounts.

2. With the help of a friend, sit on the bike in your normal riding position with your normal riding gear and measure eye-to-eye distance again. The difference between the two measurements is sag.

3. **To increase sag**, turn the preload adjuster counter-clockwise. If you cannot achieve 30% sag by turning the preload adjuster, you will need to obtain a **lower** rate spring.

To decrease sag, turn the preload adjuster clockwise no more than two full turns. If you cannot achieve 30% sag by turning the preload adjuster, you will need to obtain a **higher** rate spring.

The recommended settings in this tuning guide are designed to be a **starting point**, in order to get you out on your first ride in as few steps as possible. Consult your bike manufacturer's instructions for setup recommendations.

As you ride and get used to your new shock, adjust your settings as needed. Detailed information and videos can be found in the online owner's manual.

Your shock has a 4 digit ID code on the shock body. Use this number on the Help page at www.ridefox.com to find out more information about your shock, including shock travel.



Suggested Sag Measurements	
Travel	**30% sag**
50 mm/ 2.0in	15 mm/ 0.6in
55 mm/ 2.25in	17 mm/ 0.68in
65 mm/ 2.50in	19 mm/ 0.75in
70 mm/ 2.75in	21 mm/ 0.82in
75 mm/ 3.00in	22 mm/ 0.90in

DAMPER ADJUSTMENTS

COMPRESSION

Low-speed compression (LSC) adjustment is useful to control shock performance during rider weight shifts, G-outs, and other slow inputs. Turning the LSC knob clockwise increases low-speed compression damping. Turning the LSC knob counter-clockwise reduces compression damping.



SEE ADDITIONAL INFORMATION AND VIDEOS:

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REBOUND

Rebound controls how fast the shock extends after compressing. Turning your rebound knob clockwise slows down rebound. Turning your rebound knob counter-clockwise speeds up rebound.



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