2014
SUSPENSION FORK
OIL, AIR, AND COIL CHARTS

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RockShox® Oil Volume Chart

		Drive Side					Non-Drive Side				
			Upper Tube		Lower Leg			Upper Tube		Lower Leg	
Fork	Model	Damper Technology	Volume (mL)	Oil wt	Volume (mL)	Oil wt	Spring Technology	Volume (mL)	Oil wt	Volume (mL)	Oil wt
30™ Gold	TK	Turnkey™	85	RockShox 5wt	5	RockShox 15wt	Solo Air™	-		10	RockShox 15wt
	TK 27 TK 29		105								
Argyle™	RCT	Motion Control™	143	RockShox 5wt	3-8	RockShox 15wt	Solo Air	-		3-8	RockShox 15wt
	RC		130		10		Coil			30	
	R	Rebound									
BoXXer®	World Cup	Motion Control DH	230	RockShox 5wt	10	RockShox 15wt	Solo Air with Volume Adjust	-		10	RockShox 15wt
	R2C2						Coil with DropStop™			40	
	RC	Motion Control IS	290				Coil				
Domain™	Dual Crown RC	Motion Control IS	325	RockShox 5wt	10	RockShox 15wt	Coil	-		40	RockShox 15wt
	Dual Crown R	Rebound	370				Coil U-Turn Coil			30	
	RC	Motion Control	200				Coil U-Turn Coil				
	R	Rebound									
Lyrik™	RC2L RC2DH	Mission Control™ Mission Control DH	184	RockShox 5wt	10	RockShox 15wt	Dual Position Air Solo Air	-		10	RockShox 15wt
	RC	Motion Control IS	187								
	R	Rebound	213				Solo Air Coil				
Pike®	RCT3	Charger	Bleed	Maxima PLUSH 3wt	5	Maxima™ PLUSH™ Dynamic Suspension Lube Light	Solo Air	-		15	Maxima PLUSH Dynamic Suspension Lube Light
	RC										
Reba®	RLT, RL	Motion Control	106	RockShox 5wt	5	RockShox 15wt	Solo Air	Grease		5	RockShox 15wt
	RL3		111								
Recon™ Gold	TK TK29 RL R	Turnkey Rebound Motion Control	133	RockShox 5wt	6	RockShox 15wt	Solo Air	3	15	6	RockShox 15wt
							Coil	-		10	

RockShox® Oil Volume Chart

		Drive Side					Non-Drive Side				
			Upper Tube		Lower Leg			Upper Tube		Lower Leg	
Fork	Model	Damper Technology	Volume (mL)	Oil wt	Volume (mL)	Oil wt	Spring Technology	Volume (mL)	Oil wt	Volume (mL)	Oil wt
Recon™ Silver	TK	Turnkey™	150	RockShox 5wt	6	RockShox 15wt	Solo Air™	-		6	RockShox 15wt
							Coil			12	
Revelation™	WC XXWC XX RCT3 RLT RL	Motion Control™	134	RockShox 5wt	5	RockShox 15wt	Dual Position Air™ Solo Air	Grease		5	RockShox 15wt
SID®	WC 1 1/8 XXWC 1 1/8	Motion Control	98	RockShox 5wt	5	RockShox 15wt	Solo Air	Grease		5	RockShox 15wt
	WC XXWC XX RCT3 RLT RL		106								
	RLT3 RL3		111								
Sektor™ Gold	RL TK	Motion Control Turnkey	130	RockShox 5wt	5-8	RockShox 15wt	Solo Air	-		3-8	RockShox 15wt
			120				U-Turn 130			10-16	RockShox 15wt
			125				U-Turn 140				
			125				U-Turn 150				
Sektor Silver	TK	Turnkey	150	RockShox 5wt	6	RockShox 15wt	Solo Air	-		12	RockShox 15wt
XC 32	TK	Turnkey	150	RockShox 5wt	6	RockShox 15wt	Solo Air	-		6	RockShox 15wt
							Coil			12	
XC 30	TK	Turnkey	100	RockShox 5wt	-	-	Solo Air Coil	-		-	-
	TK 29		122								
	TK 27		123								
XC 28	80/100	Turnkey	93	RockShox 5wt	10	RockShox 15wt	Coil	-		-	
	120		109								

RockShox® Air Spring Pressures

by Rider Weight

FORK	<140 LBS (<63 KG)	140-160 LBS (63-72 KG)	160-180 LBS (72-81 KG)	180-200 LBS (81-90 KG)	200-220 LBS (90-99 KG)	MAX PSI
30™ Gold 80 mm	90-110 psi	110-125 psi	125-140 psi	140-160 psi	175+ psi	265 psi
30 Gold 100-120 mm	50-70 psi	70-85 psi	85-100 psi	100-120 psi	135+ psi	205 psi
Argyle™	120-135 psi	135-150 psi	150-165 psi	165-180 psi	180+ psi	220 psi
BoXXer®	30-45 psi	45-60 psi	60-75 psi	75-90 psi	90-105 psi	165 psi
Lyrik™	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	148 psi
Lyrik Dual Position Air™	45-65 psi	65-85 psi	85-105 psi	105-125 psi	125-145 psi	248 psi
Pike®	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	148 psi
Pike 29 120-140 mm	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95-105 psi	163 psi
Pike Dual Position Air	45-65 psi	65-85 psi	85-105 psi	105-125 psi	125-145 psi	248 psi
Reba®	70-90 psi	90-105 psi	105-120 psi	120-135 psi	135+ psi	200 psi
Recon™ Gold 80 mm	90-110 psi	110-125 psi	125-140 psi	140-160 psi	175+ psi	265 psi
Recon Gold 100-120 mm	50-70 psi	70-85 psi	85-100 psi	100-120 psi	135+ psi	205 psi
Recon Silver 80 mm	90-110 psi	110-125 psi	125-140 psi	140-160 psi	175+ psi	265 psi
Recon Silver 100-120 mm	50-70 psi	70-85 psi	85-100 psi	100-120 psi	135+ psi	205 psi
Revelation™	65-85 psi	75-100 psi	85-115 psi	95-125 psi	125+ psi	220 psi
Revelation Dual Position Air	<110 psi	110-125 psi	125-140 psi	140-155 psi	155-170 psi	255 psi
Sektor™ Gold	40-60 psi	60-75 psi	75-90 psi	90-105 psi	105+ psi	225 psi
Sektor Silver	50-70 psi	70-85 psi	85-100 psi	100-120 psi	120+ psi	200 psi
SID®	70-90 psi	90-105 psi	105-120 psi	120-135 psi	135+ psi	200 psi
XC32 80 mm	90-110 psi	110-125 psi	125-140 psi	140-160 psi	175+ psi	265 psi
XC32 100-120 mm	50-70 psi	70-85 psi	85-100 psi	100-120 psi	135+ psi	205 psi
XC30 80 mm	90-110 psi	110-125 psi	125-140 psi	140-160 psi	175+ psi	265 psi
XC30 100-120 mm	50-70 psi	70-85 psi	85-100 psi	100-120 psi	135+ psi	205 psi

RockShox® Coil Springs

by Rider Weight

FORK	<140 LBS (<63 KG)	140-160 LBS (63-72 KG)	160-180 LBS (72-81 KG)	180-200 LBS (81-90 KG)	200-220 LBS (90-99 KG)
Argyle™	Red Medium	Blue Firm	Black X-Firm	Not Available	Pink XXX-Firm
BoXXer®	Silver X-Soft	Yellow Firm	Red Medium	Blue Firm	Black X-Firm
Domain™					
Lyrik™					
Recon™ Silver	Silver X-Soft	Yellow Firm	Red Medium	Blue Firm	Black X-Firm
Recon Gold					
Sektor™					
XC 28 80 / 100 mm	Green X-Soft	Black Soft	Yellow Medium	Red Firm	Blue X-Firm
XC 28 120 mm	Silver X-Soft	Yellow Firm	Red Medium	Blue Firm	Black X-Firm
XC30					
XC32					